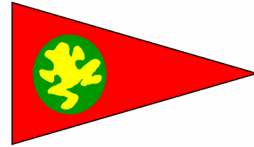


Dale Yacht Club



COVID-19 (Coronavirus)

Risk Assessment

for

Dinghy Racing Activities

Introduction

The Commodore has invited Peter Morgan and Howell Davies to form a Covid sub-committee and Howell Davies has agreed to be the Club's Covid Officer. This risk assessment is designed to allow racing for single-handed dinghies or dinghies crewed by members of the same household only.

The club is following RYA Club Guidance on restarting boating activity and managing COVID-19 (Coronavirus) using the process shown below to manage a safe return to boating activities.



The COVID-19 outbreak continues to be a rapidly evolving situation that presents a number of complex challenges and decisions for the club. The information within this document is designed to inform members of actions which will be put in place to reduce the spread of COVID-19. A number of sources of guidance have been used as detailed below. As advice changes and we learn from our experiences this Risk Assessment may change. The reduction in the spread of COVID-19 relies on people taking individual and collective responsibility. We remind members of their individual

responsibility so they can make informed choices. The club will continually review all the advice we provide as we learn from clubs and other organisations throughout this process. This COVID-19 risk assessment is in addition to the existing risk assessments for club activities and addresses only the actions required to reduce the spread of Covid -19.

The RYA's guiding principles are.

1. We will always follow Government advice
2. We will, as a boating community, take a considerate and conservative approach

Sources of Infection

The transmission of COVID-19 is thought to occur mainly through respiratory droplets generated by coughing and sneezing and through contact with contaminated surfaces. Droplets are diluted in fresh air and water and destroyed by UV light and desiccation.

The science as put forward by SAGE (Scientific Advisory Group for Emergencies) states that being outside in sunlight with good ventilation are highly protective against transmission of the virus and judges that using outside spaces is one of the lowest risk forms of activity.

The ONS (Office for National Statistics) data shows that there is a significantly higher risk of a poor outcome from catching COVID-19 if you are 65 or over. The risk for young people is very low.

The incubation period is from 1 to 14 days (median 5 days).

Risk Analysis process

The process used is based upon the Risk Assessment process of the HSE (Health and Safety Executive)

- identify what could cause injury or illness (hazards)
- decide how likely it is that someone could be harmed and how seriously (the risk)
- take action to eliminate the hazard, or if this isn't possible, control the risk

Timing

The club will implement a phased return to dinghy sailing activities as government restrictions are progressively eased. This risk assessment assumes that the clubhouse, changing facilities and toilets are closed. The phases are:

- Club Racing (late July 2020)
- Race Coaching and Sail Training (not expected to return this year)
- A decision on holding the Regatta (originally scheduled for 15th/16th August) will be made not later than the end of July

Your Responsibility

The decision to partake in club activities and to go afloat rests solely with the individual participant. You need to think carefully about your ability to cope with the current weather conditions and your sailing competence when you decide to take part. You should seriously consider the effect that your decision might have on the volunteers at the club and the other participants. This might mean that during the COVID-19 pandemic you choose not to go afloat in weather conditions that you would otherwise sail in.

Infection Risk Assessment of Sailing Activities

Activity (something that Involves risk of transmission of Coronavirus)	Who might be harmed?	Severity of Risk Volunteers / Participant	Measures currently in place to control Risk	Actions required to reduce the risk of transmission or eliminate it altogether.	Severity of Risk after control measures have been put in place	Action Completed – Signed Off
1.Travelling to the club	Volunteers or participants	Low / Low	Government guidelines on local travel	Requirements met	Low	
2. Congregating on land before and after a race	Volunteers or participants	Low / Low	None	Signage reminding members of requirements for social distancing. Develop and follow a protocol for signing on and obtaining sailing instructions	Low	
3. Decision to Sail	Participants	Low / Med	The decision to sail rests entirely with the participant	Participants should consider their ability and the weather conditions on the day and be prepared not to go afloat. The club may choose to recommend a minimum sailing qualification level for certain weather conditions.	Low	
4. Rigging Boats	Volunteers or participants	Low / Med	None	Participants shall move their boats before rigging to ensure 2m distance can be maintained between their boat and others . Only members from one household shall touch the boat or assist with rigging. Participants shall double check their boat setup before launching.	Low	

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5. Preparing Safety Boats	Volunteers	Med / Low	Container only to be opened by safety boat crew	Provision of sanitizing spray or wipes for container handles, radios and keys Safety boats shall be prepared by designated safety boat crew only. No other participants shall touch the safety boat.	Low	
6. Launching Boats	Volunteers or participants	Med / Med	None	Boats shall be launched by members of the same household where possible. No participants other than members of the same household shall touch the boat whilst launching. Social distancing should be maintained through the launching process. Persons from different household must maintain social distancing during this process	Low	
7. Recovering Boats	Volunteers or participants	Med / Med	None	Boats shall be recovered by members of the same household where possible. Social distancing shall be maintained whilst recovering boats and fetching trolleys.	Low	
8. De-rigging Boats	Volunteers or participants	Low / Med	None	Participants shall place their boats before de- rigging to ensure 2m distance can be maintained between their boat and others . Only members from one household shall touch the boat or assist with de-rigging.	Low	

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9. Infection brought to the club by volunteers and participants	Volunteers or participants	Med / Med	None	All participants shall complete a disclosure / health survey form before arriving at the club. Anyone experiencing COVID-19 symptoms shall not visit the club. If any person becomes unwell they should follow government advice on isolation, testing and tracing. The Sailing Captain or Sail Training Principal details can be passed to a tracing team if of assistance to the authorities.	Low	
10. Safety Boat Manning	Volunteers or participants	Med / Med	Safety boats are normally manned by people deemed competent by the Race Officer	Safety boat crews should be from one household and have completed a disclosure / health survey form. Safety boat crew shall wear gloves. Hand held VHF radios shall be operated by designated safety boat crew only and shall be sanitised before and after use. Safety boat crews may choose to use their own personal VHF radios.	Low	
11. Congregation at Prizegiving	Staff or participants	Med / Med	None	Results shall be posted online.	Low	
12. Participant notifies that they are unwell	Staff or participants	Med / Med	None	If possible the participant/owner will de-rig their boat and leave as soon as possible. If they are unable to de-rig their boat it will be sanitized and made safe by volunteers wearing disposable gloves and then labelled as potentially infectious.	Low	

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13. Entry and Registration	Staff or participants	Med / Med	None	All participants shall complete a disclosure / health survey before arrival at the club. This should be made online if possible and include an ongoing duty of disclosure of any potential Covid symptoms. Once this form (and any other required forms) have been provided entry to each race will be by means of the attendance of the helmsman at the North window of the Starting Hut. Courses and Sailing Instructions will be posted at the South of the Starting Hut and social distancing must be maintained at all times. Only the Race Officer and members of his household may enter the Starting Hut	Low	
14. Vulnerable person visits the club	Staff or participants	Med / Med	None	Any person attending the sailing club should consider their own vulnerability and are reminded that they do so at their own risk and should contact a medical professional with any concerns. The Sailing Captain or Sail Training Principal can advise of the measures in place at the time.	Low	

Revisions:

20 Jul 2020 First Draft – V1

28 Jul 2020 V1a

Introduction states racing by singled-handed sailors or crews from same household only – reinforces scope of risk assessment

Edits to launching/recovering dinghies

Correction – regatta scheduled date